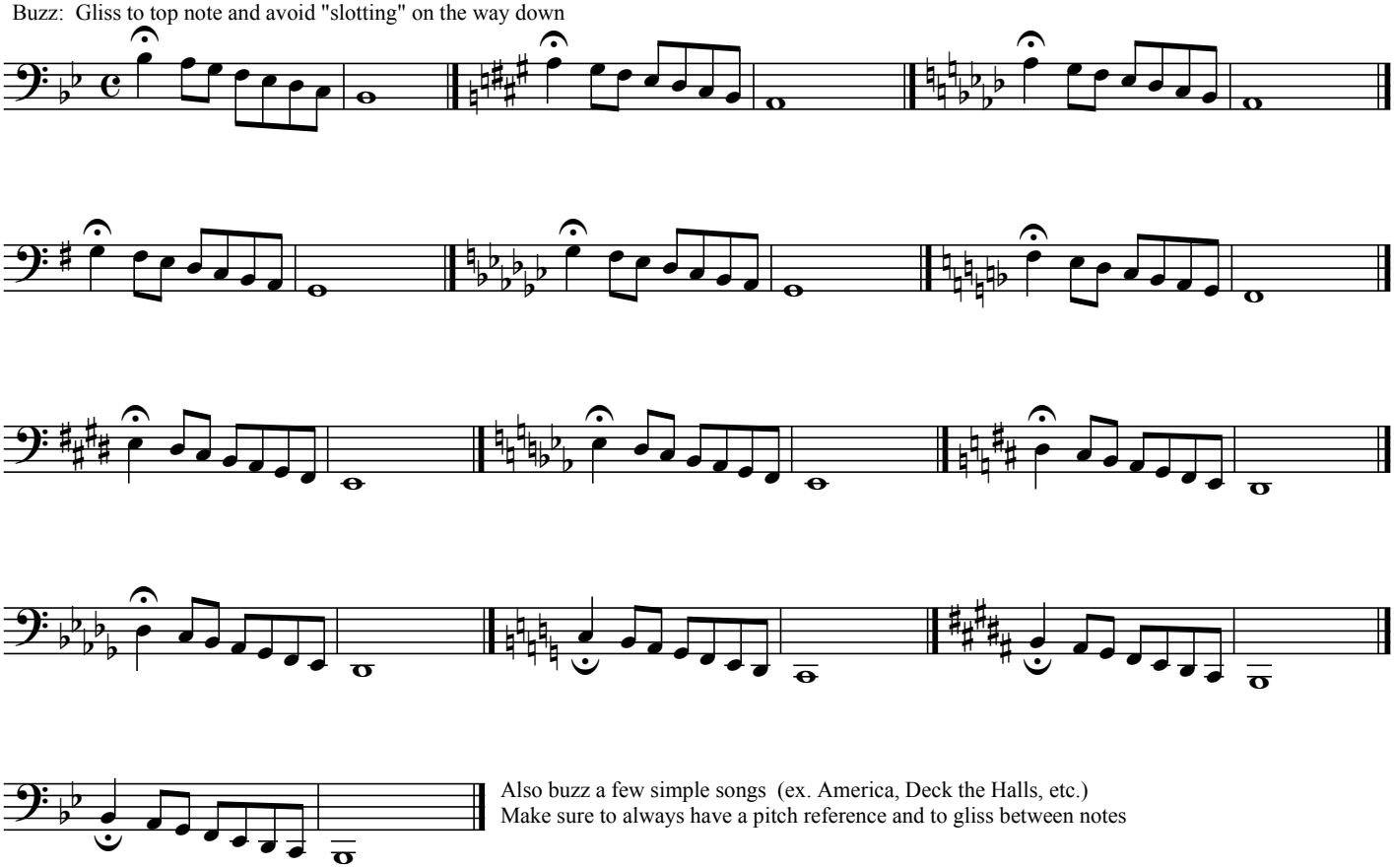
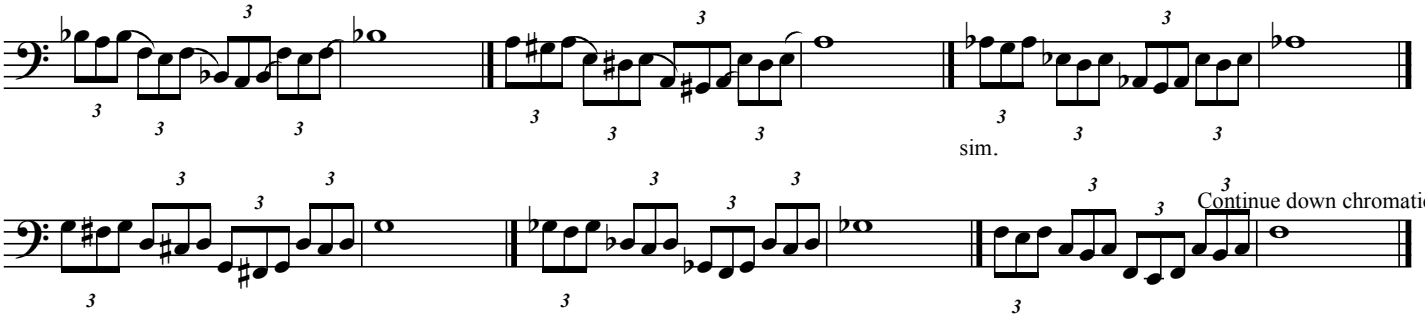
Daily Maintenance Routine

Buzz: Gliss to top note and avoid "slotting" on the way down

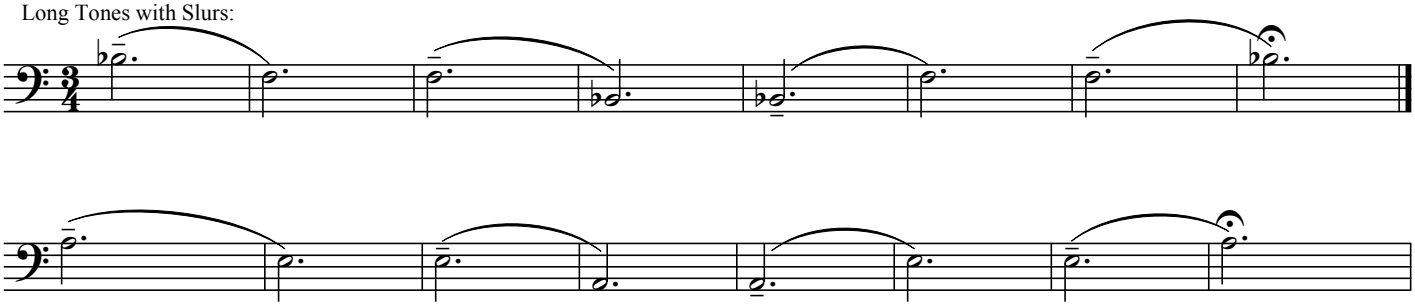


Also buzz a few simple songs (ex. America, Deck the Halls, etc.)
Make sure to always have a pitch reference and to gliss between notes

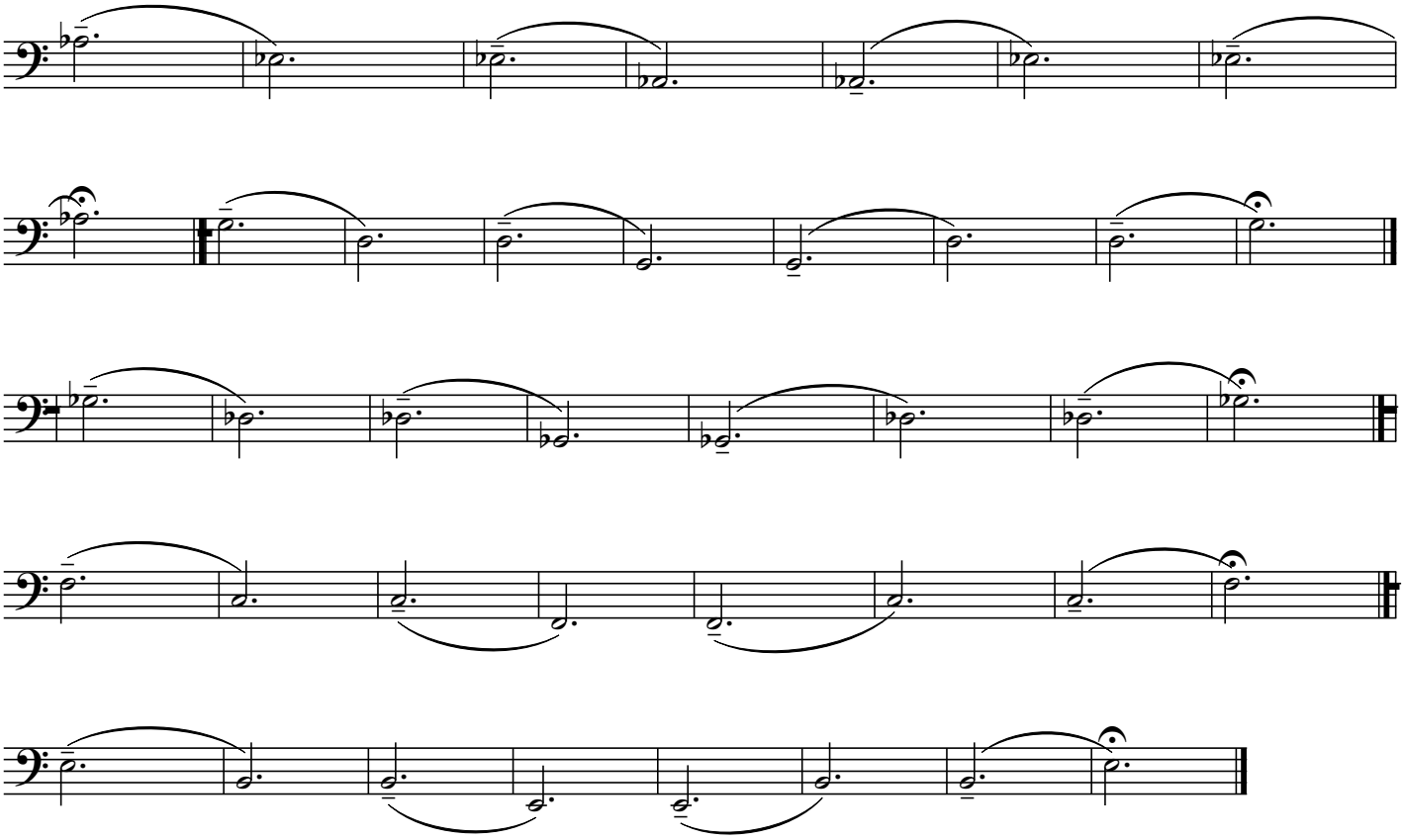
Slow and even. Without the tongue:



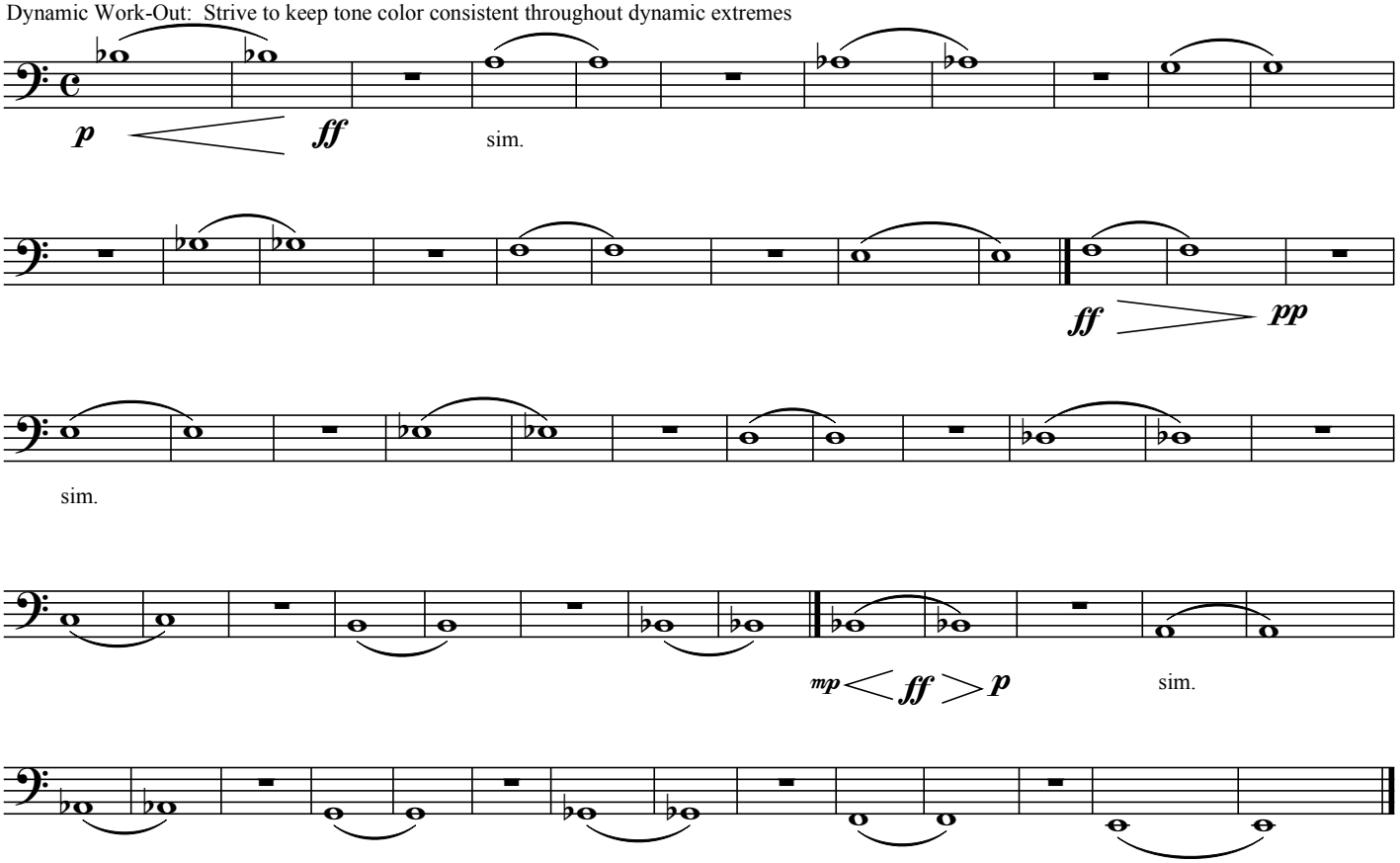
Long Tones with Slurs:



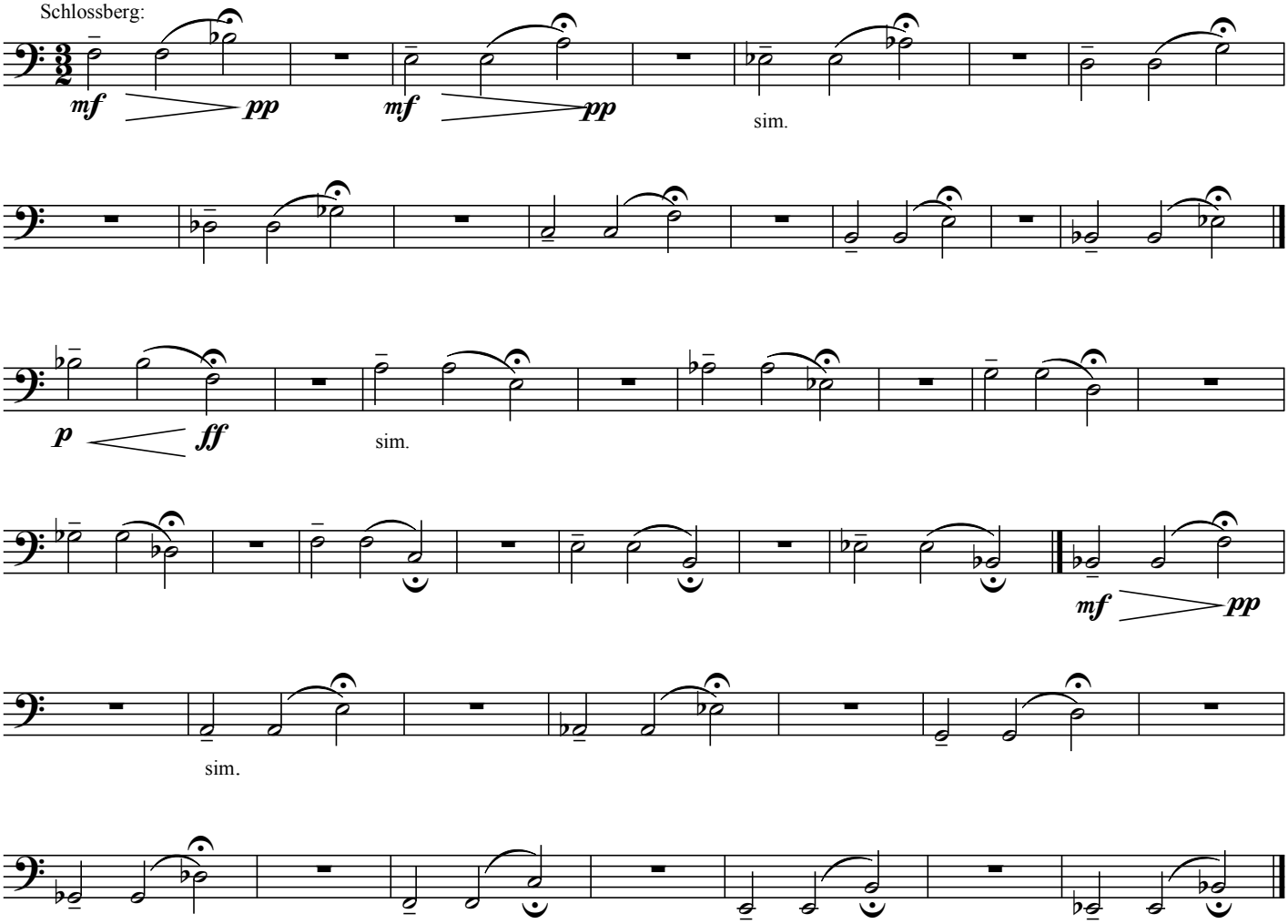
http://plaza.obu.edu/bynumj/lowbrass



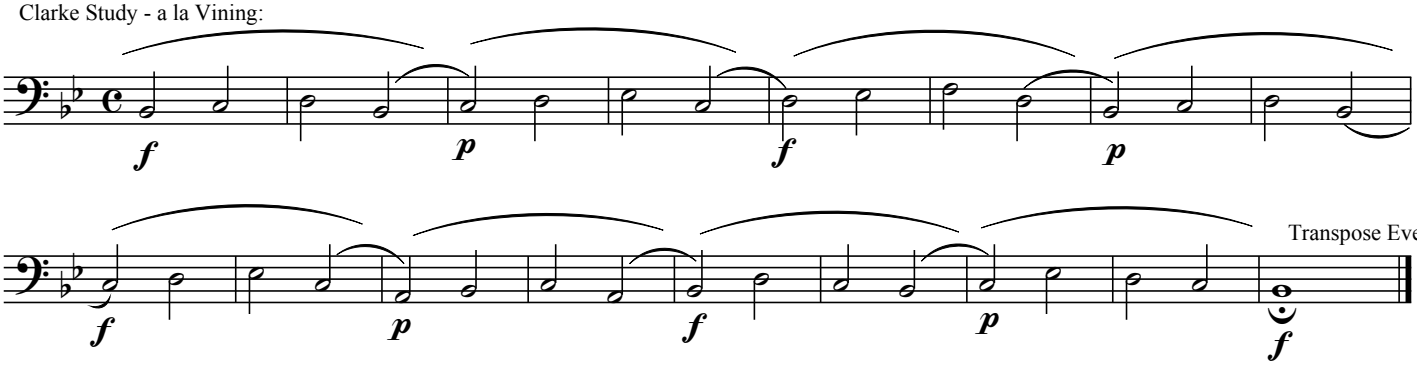
Dynamic Work-Out: Strive to keep tone color consistent throughout dynamic extremes



Schlossberg:

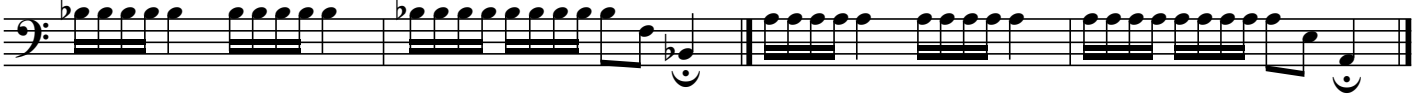


Clarke Study - a la Vining:

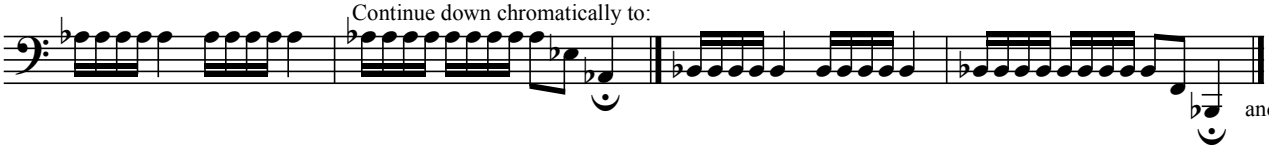


Transpose Every Day

Remington -Tonguing on a Line: Use Various Articulations Every Day



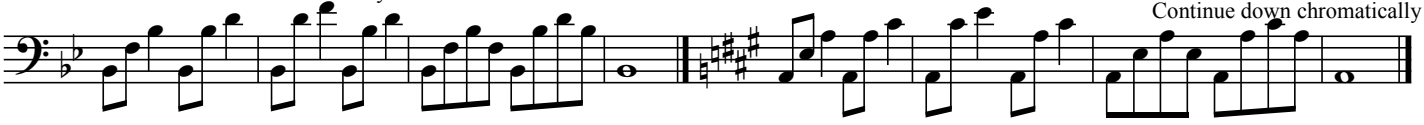
Continue down chromatically to:



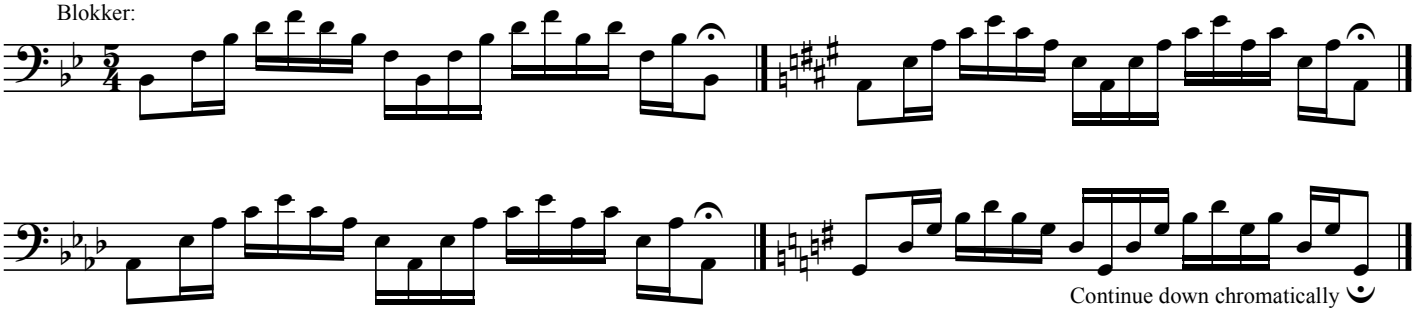
and even lower!

Edwards: Overtone Series Accuracy

Continue down chromatically

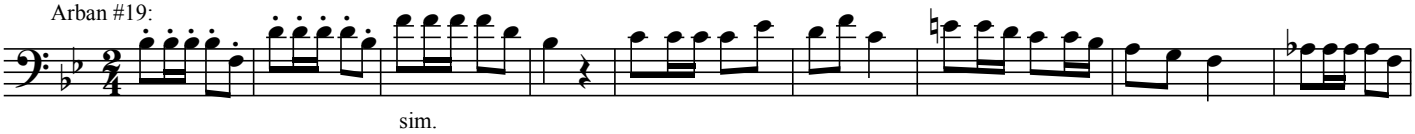


Blokker:

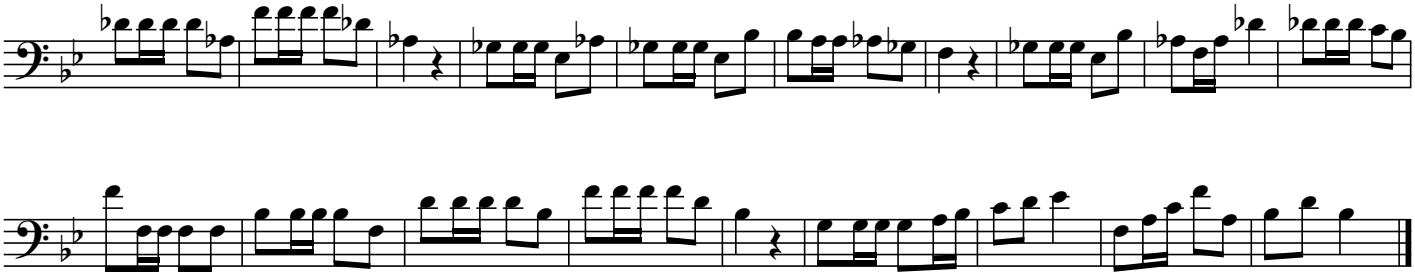


Continue down chromatically

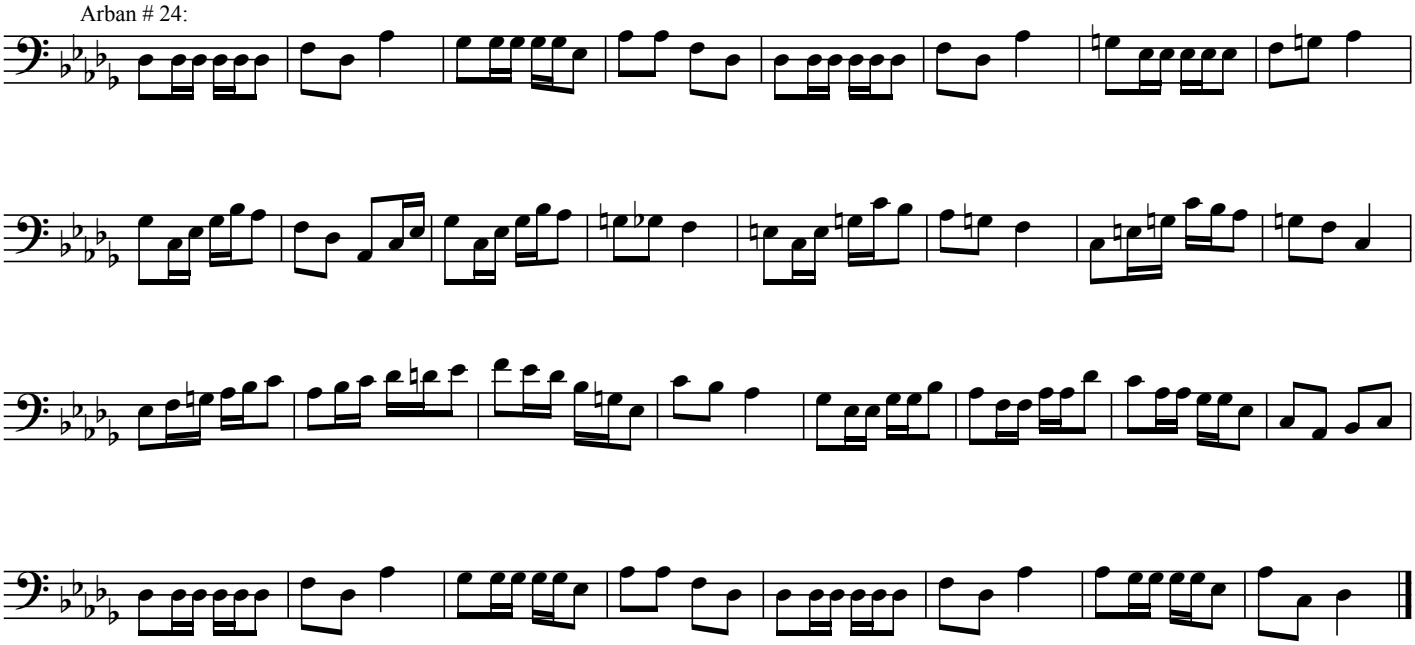
Arban #19:



sim.

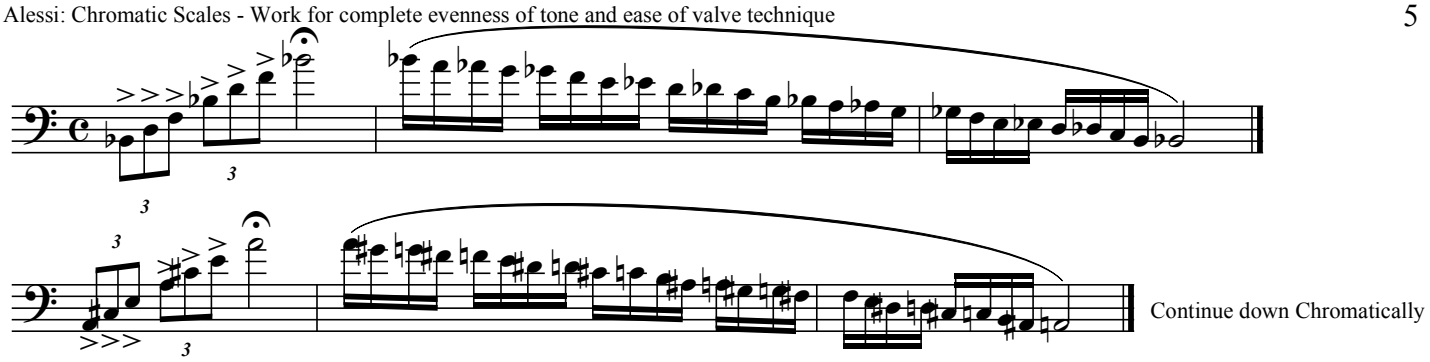


Arban # 24:

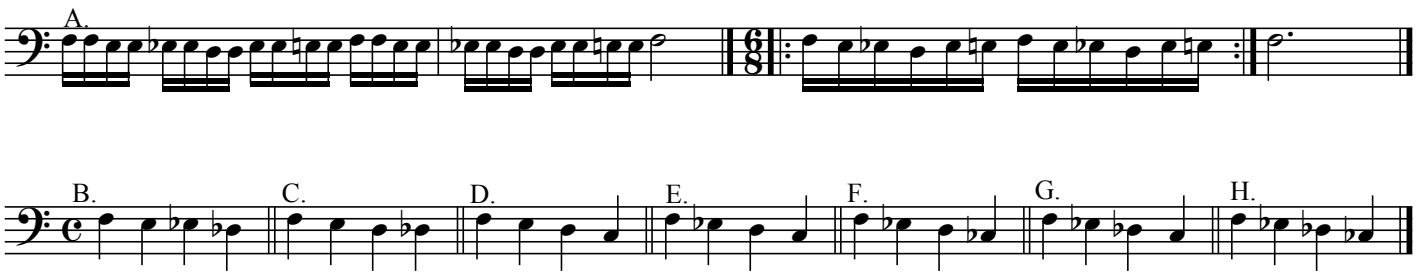


For more - See Arban's #13-38

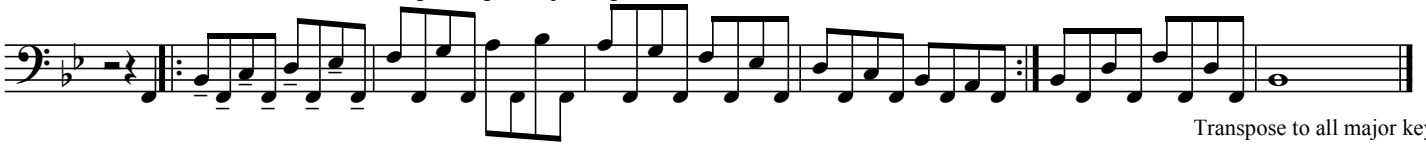
Alessi: Chromatic Scales - Work for complete evenness of tone and ease of valve technique



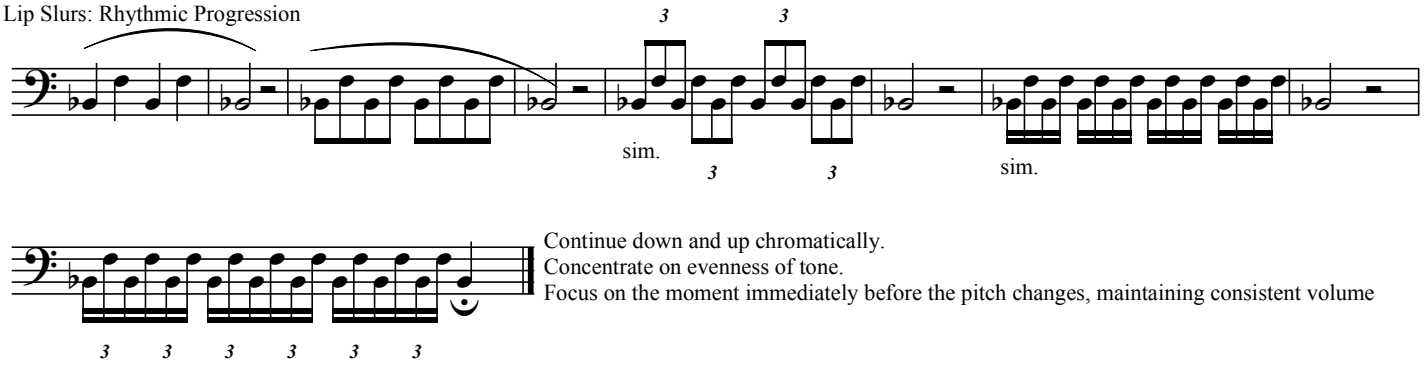
Ellefson: IV-I Disease - Concentrate on Valve Coordination



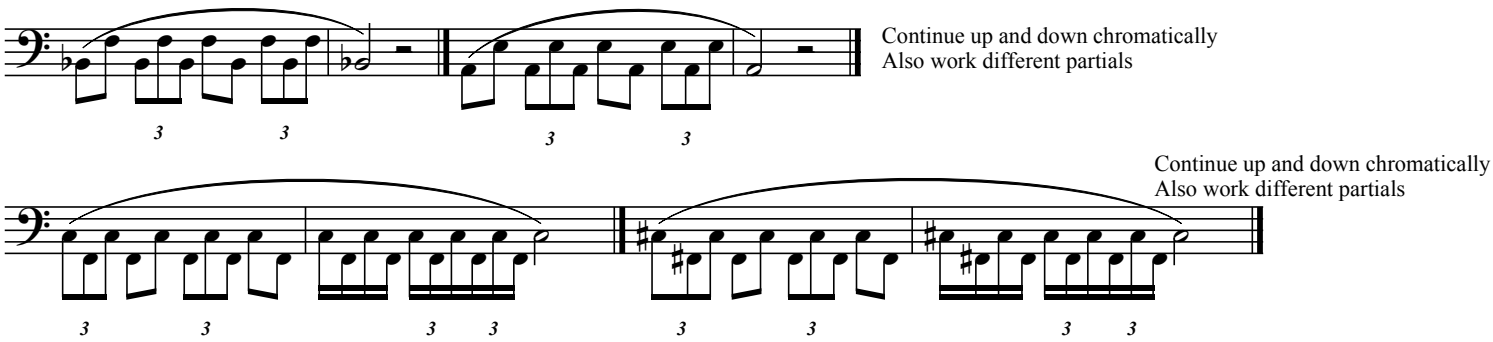
Arban's: Intervals - Evenness of tone. Avoid "ghosting" or "splatting" the lower tone



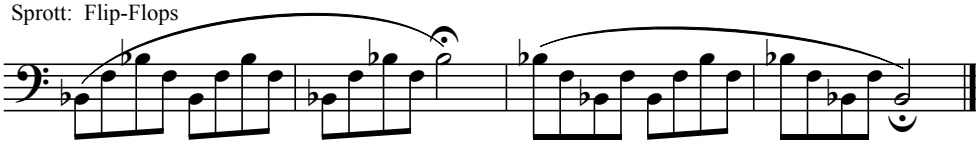
Lip Slurs: Rhythmic Progression



Blokker: Maintain Rythmic Integrity along with a smooth, consistent tone

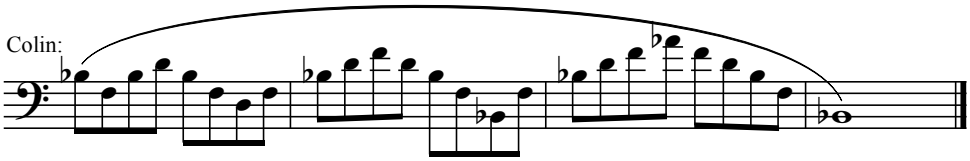


Sprott: Flip-Flops



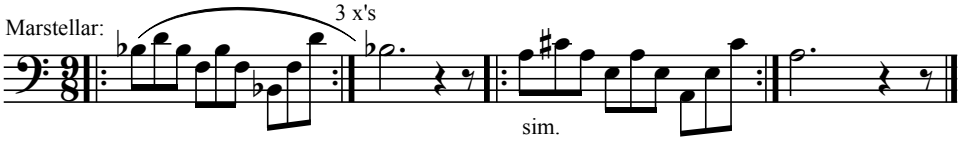
Continue up and down chromatically
Also begin on different partials

Colin:

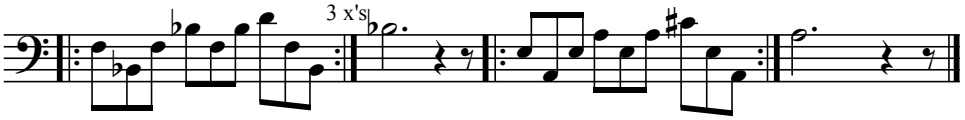


No Tongue -
Continue down chromatically

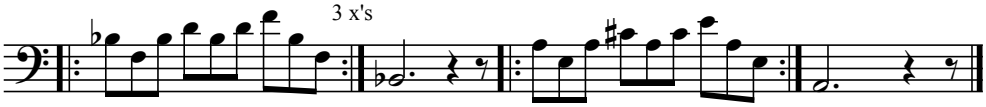
Marstellar:



Continue down chromatically

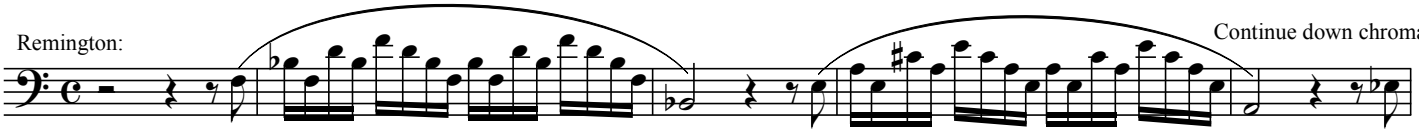


Continue down chromatically



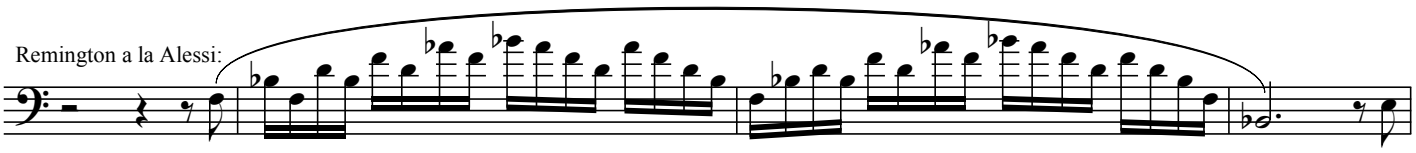
Continue down chromatically

Remington:



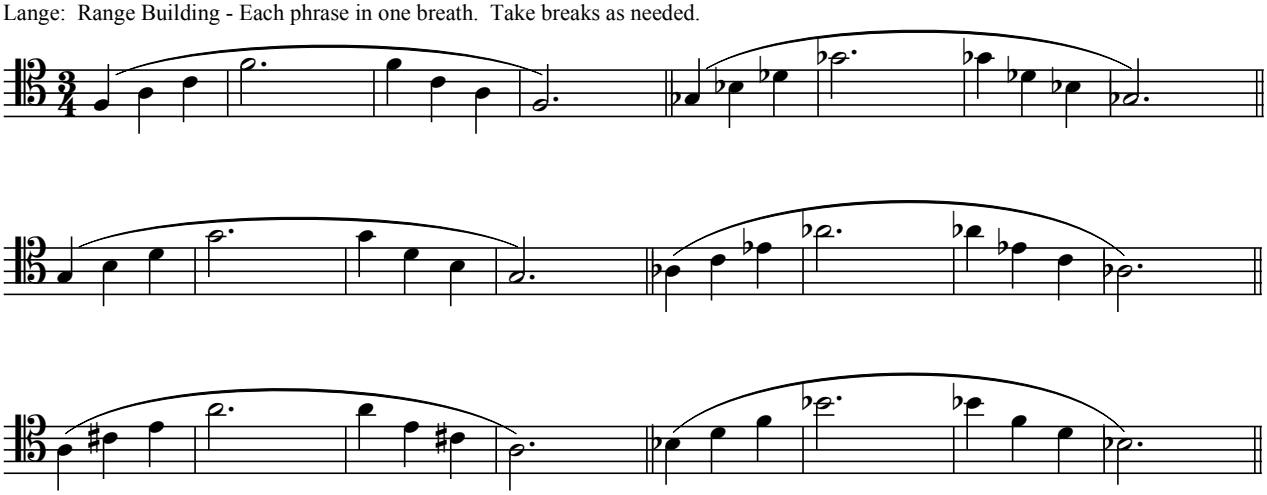
Continue down chromatically

Remington a la Alessi:



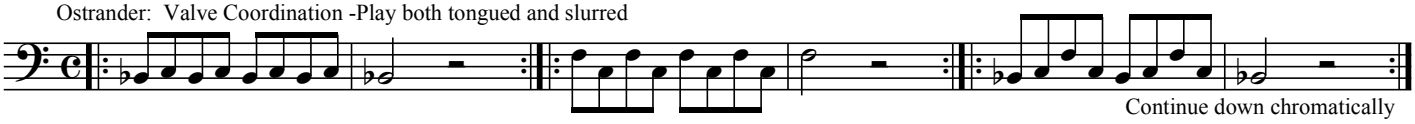
Continue down chromatically

Lange: Range Building - Each phrase in one breath. Take breaks as needed.

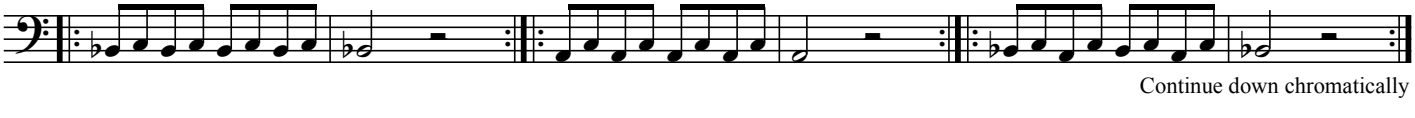


Continue up chromactically
Go at least one series past your comfort level

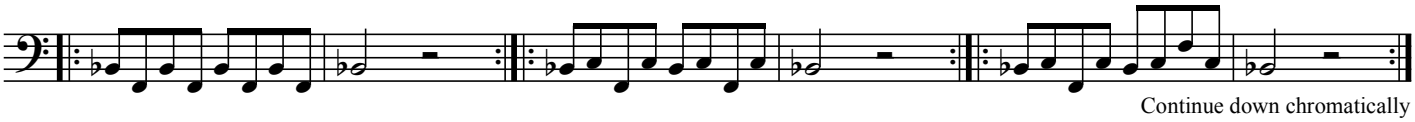
Ostrander: Valve Coordination -Play both tongued and slurred



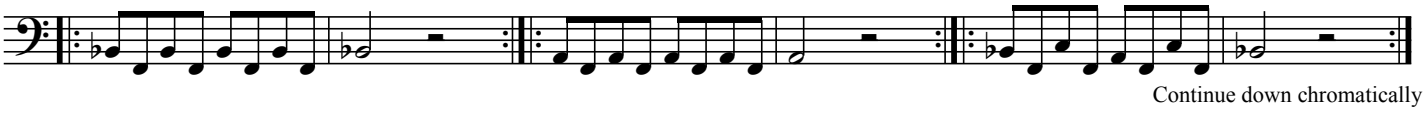
Continue down chromatically

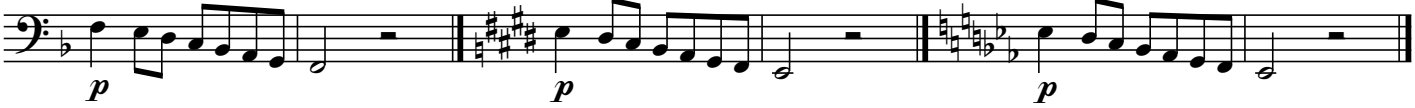
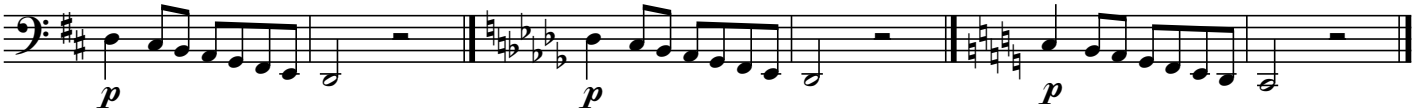
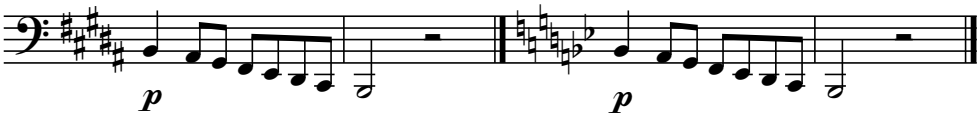


Continue down chromatically



Continue down chromatically



Continue down chromatically

Cool Down: Slow and without tongue