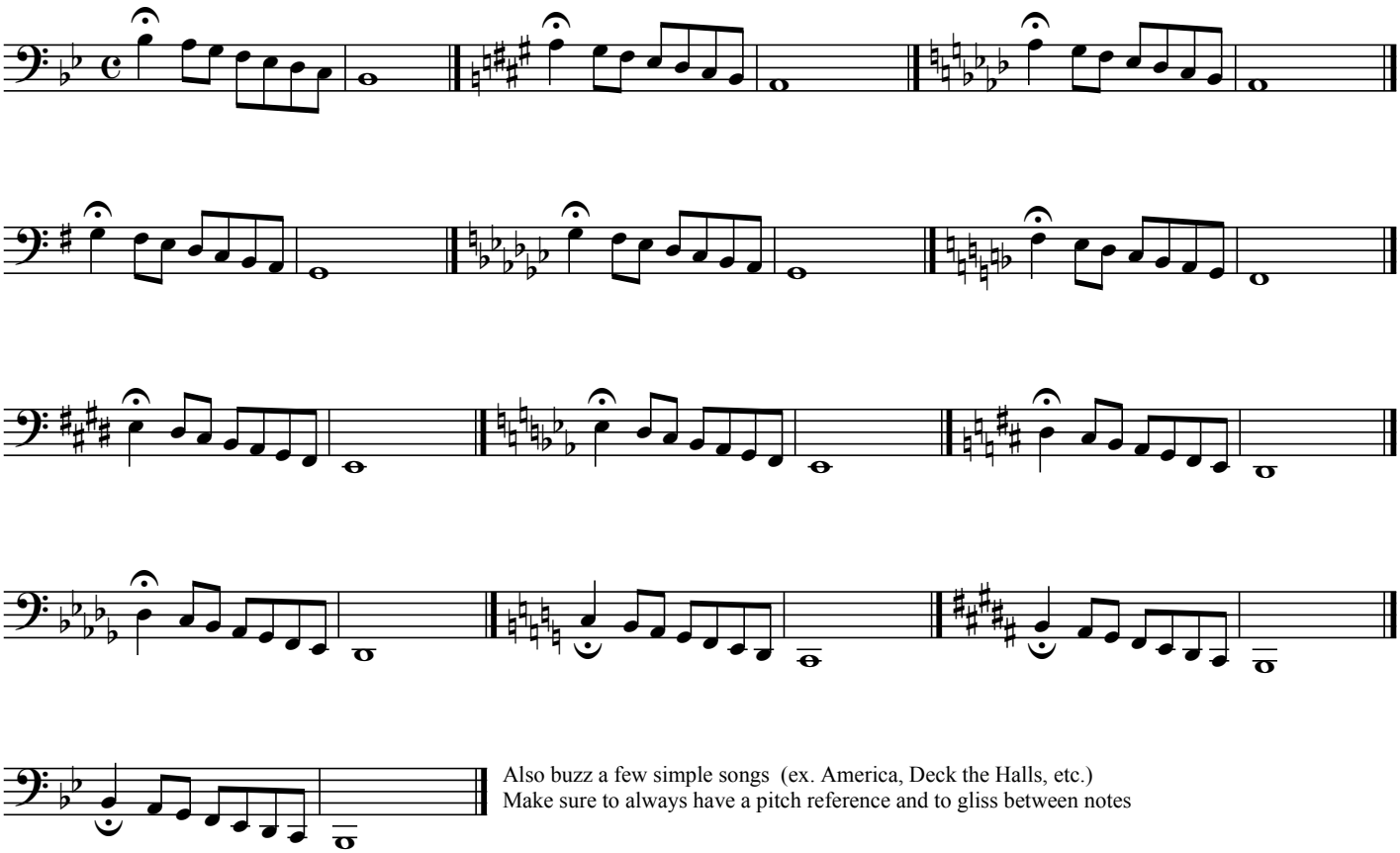
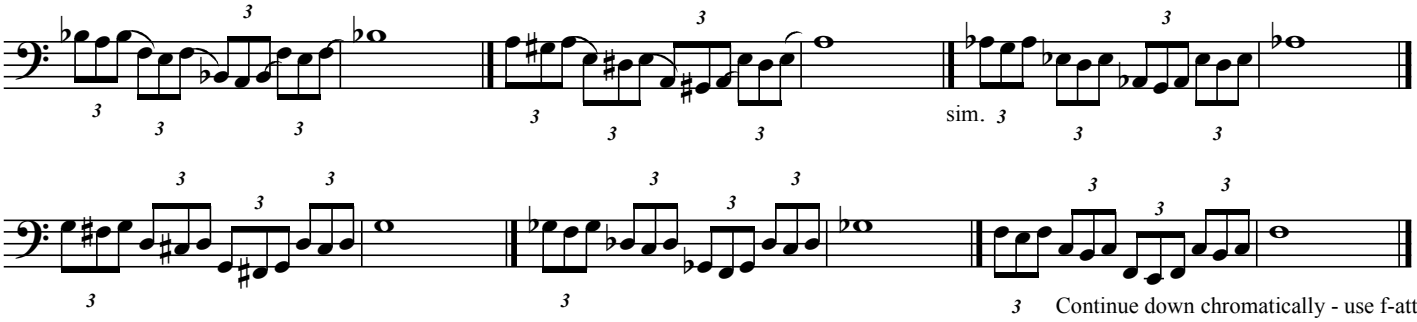
Warm-Up and Daily Maintenance Routine

Buzz: Gliss to top note and avoid "slotting" on the way down



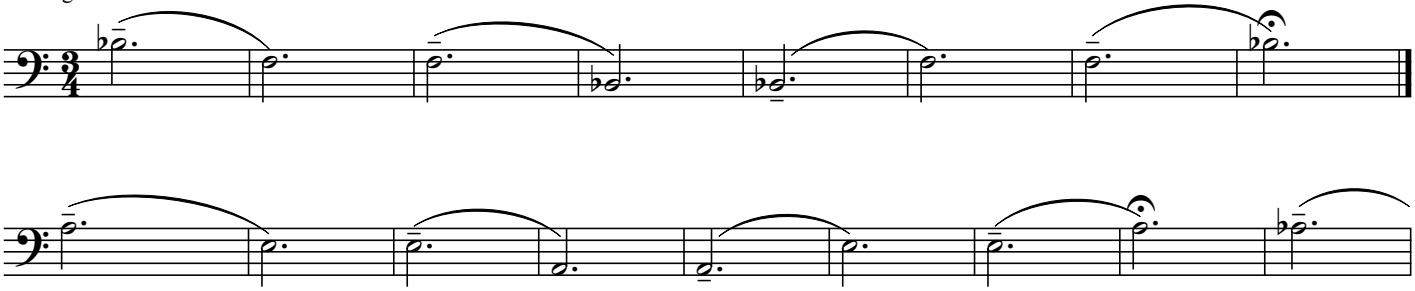
Also buzz a few simple songs (ex. America, Deck the Halls, etc.)
Make sure to always have a pitch reference and to gliss between notes

Slow and even Glissando:

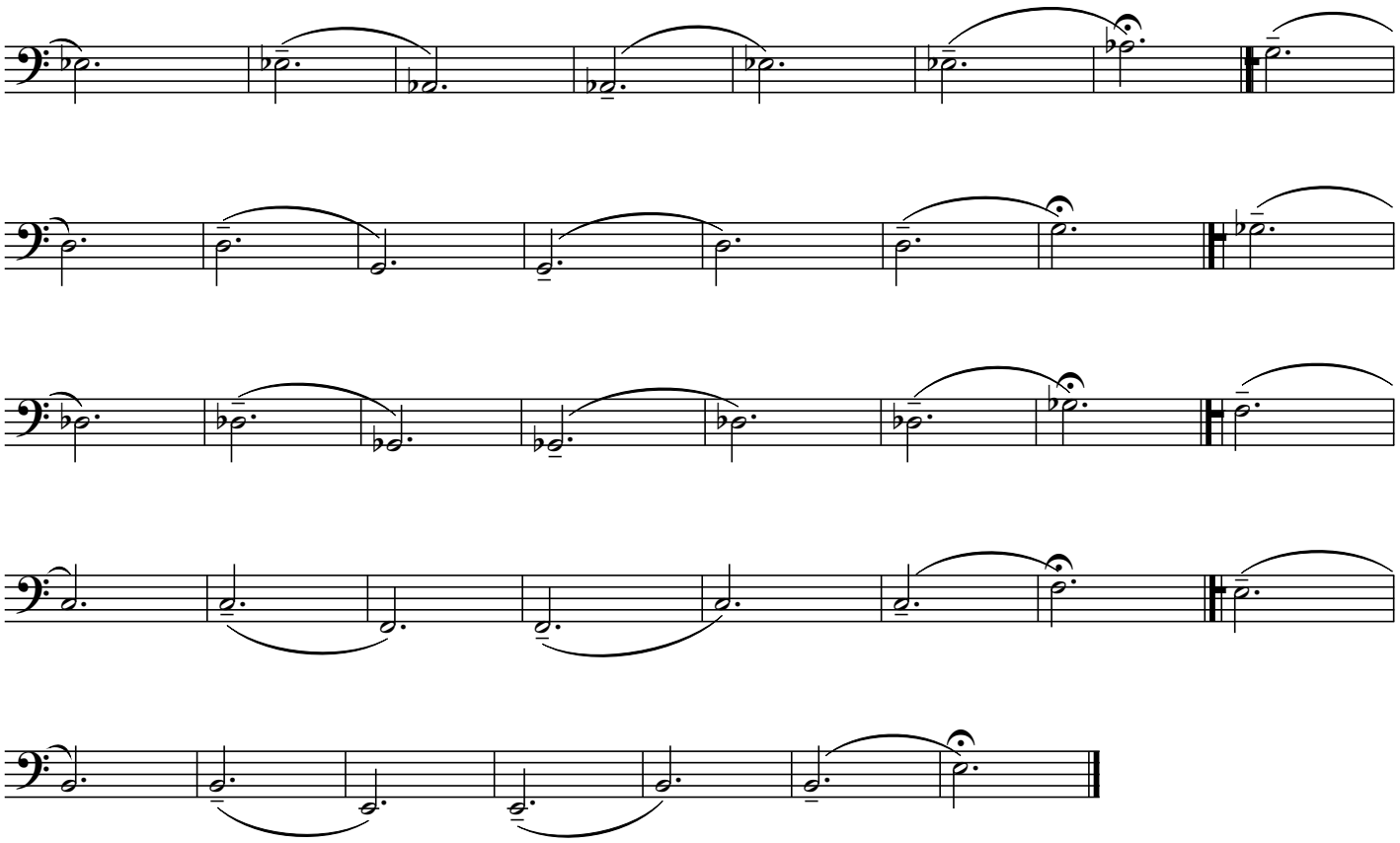


Continue down chromatically - use f-attachment

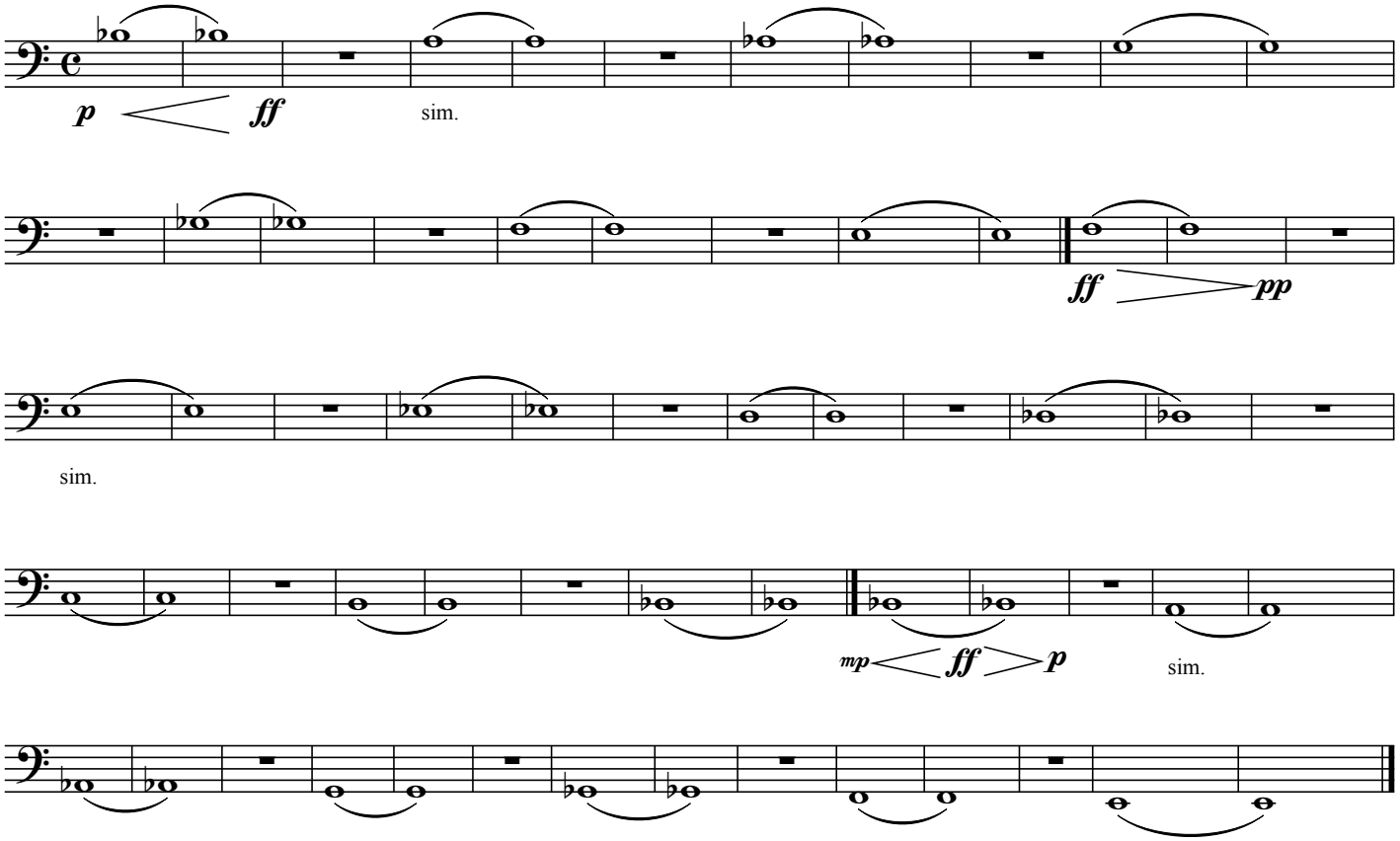
Long Tones with Slurs:



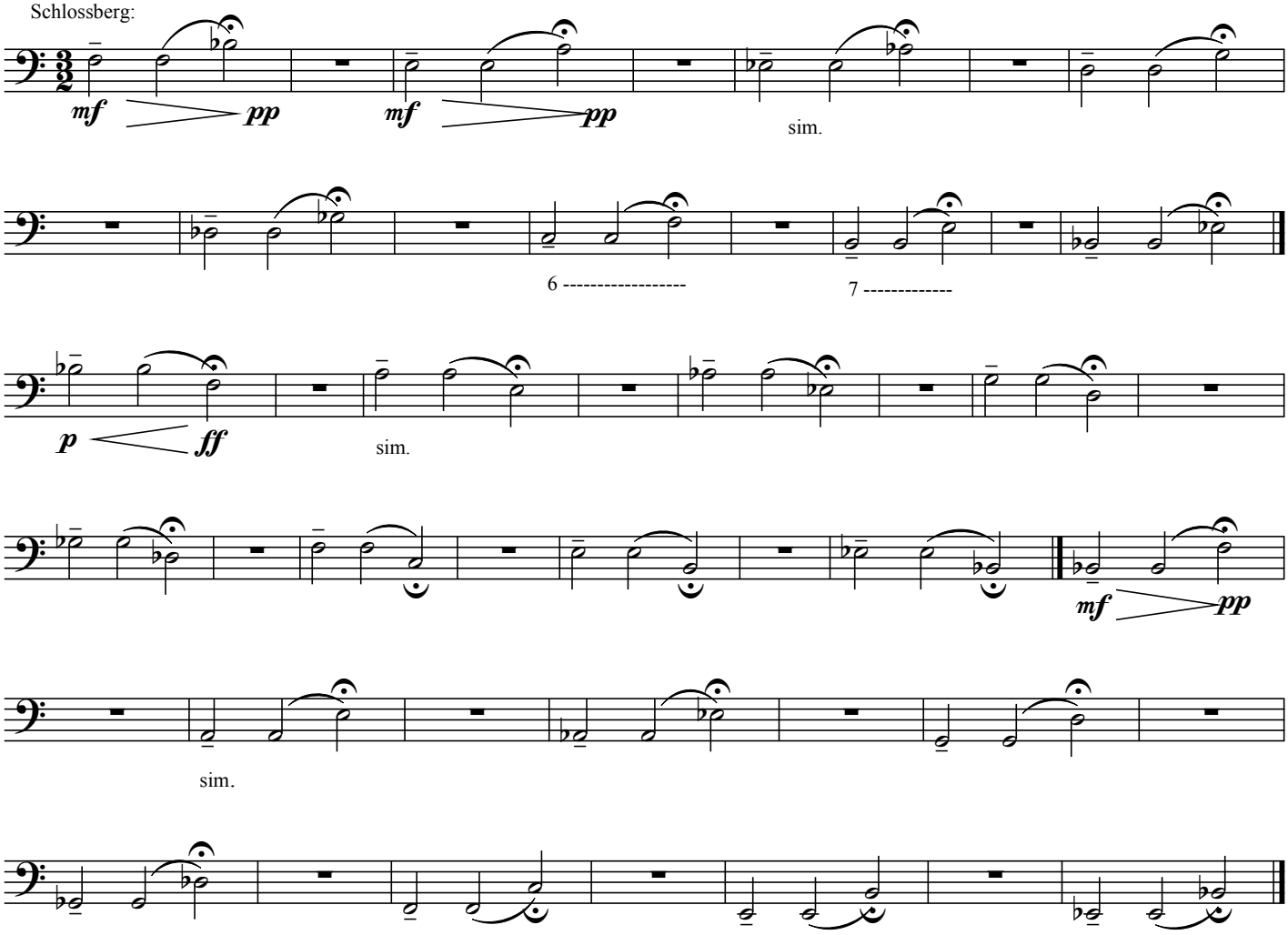
http://plaza.obu.edu/bynumj/lowbrass



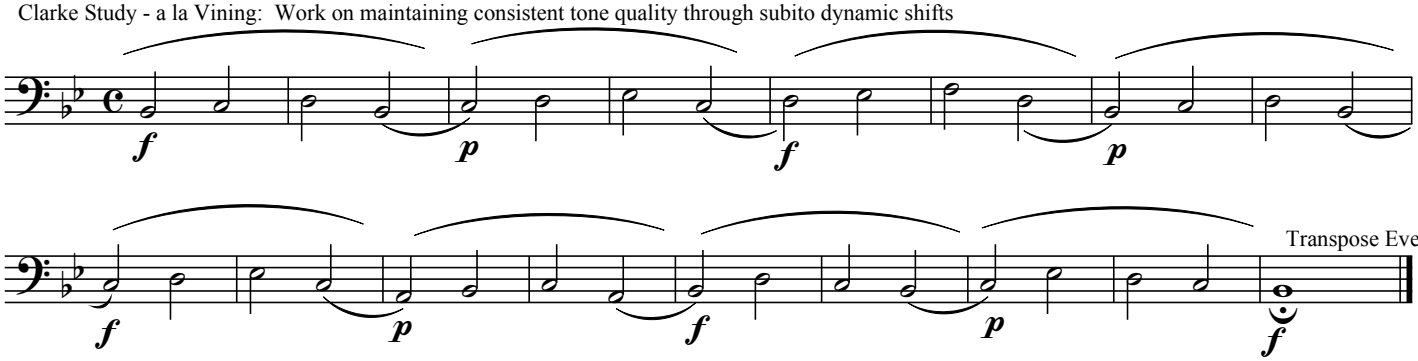
Dynamic Work-Out: Strive to keep tone color consistent throughout dynamic extremes



Schlossberg:

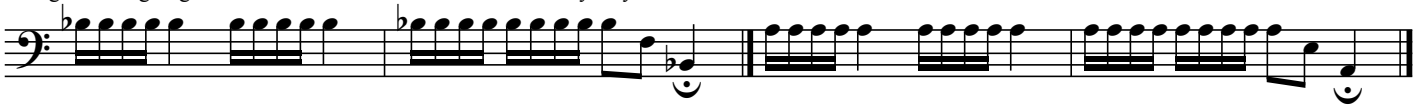


Clarke Study - a la Vining: Work on maintaining consistent tone quality through subito dynamic shifts

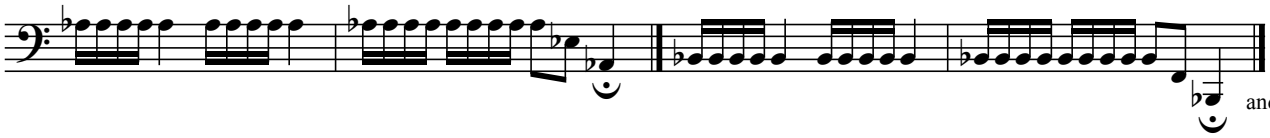


Transpose Every Day

Remington -Tonguing on a Line: Use Various Articulations Every Day

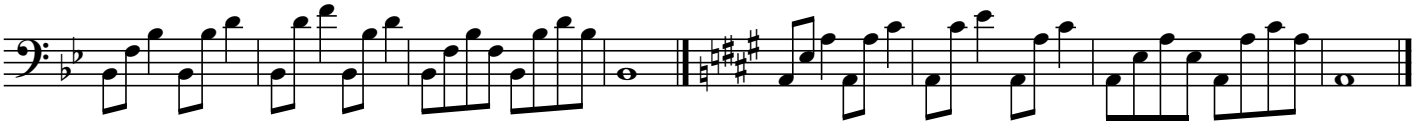


Continue down chromatically to:



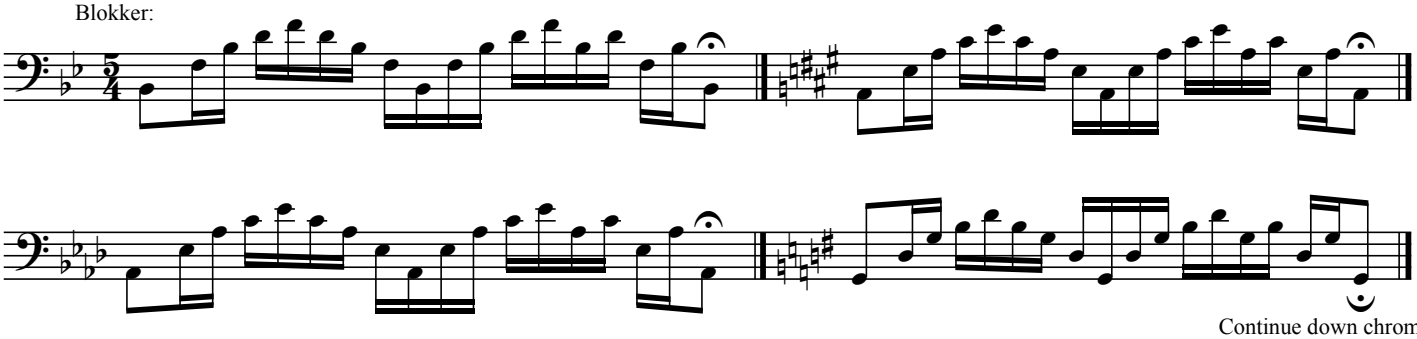
and even lower!

Edwards: Overtone Series Accuracy



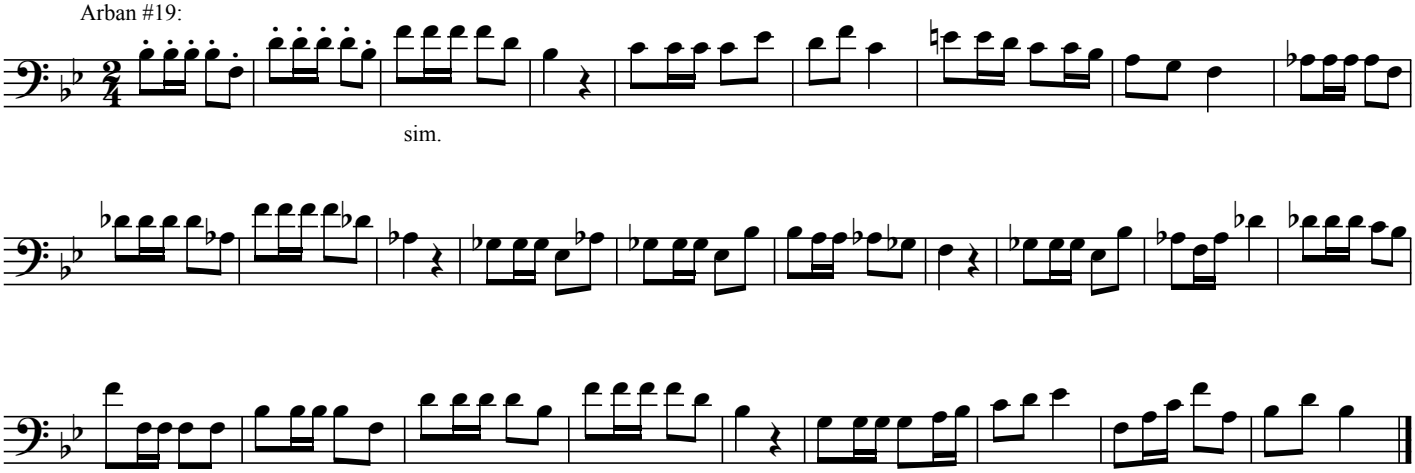
Continue down chromatically

Blokker:



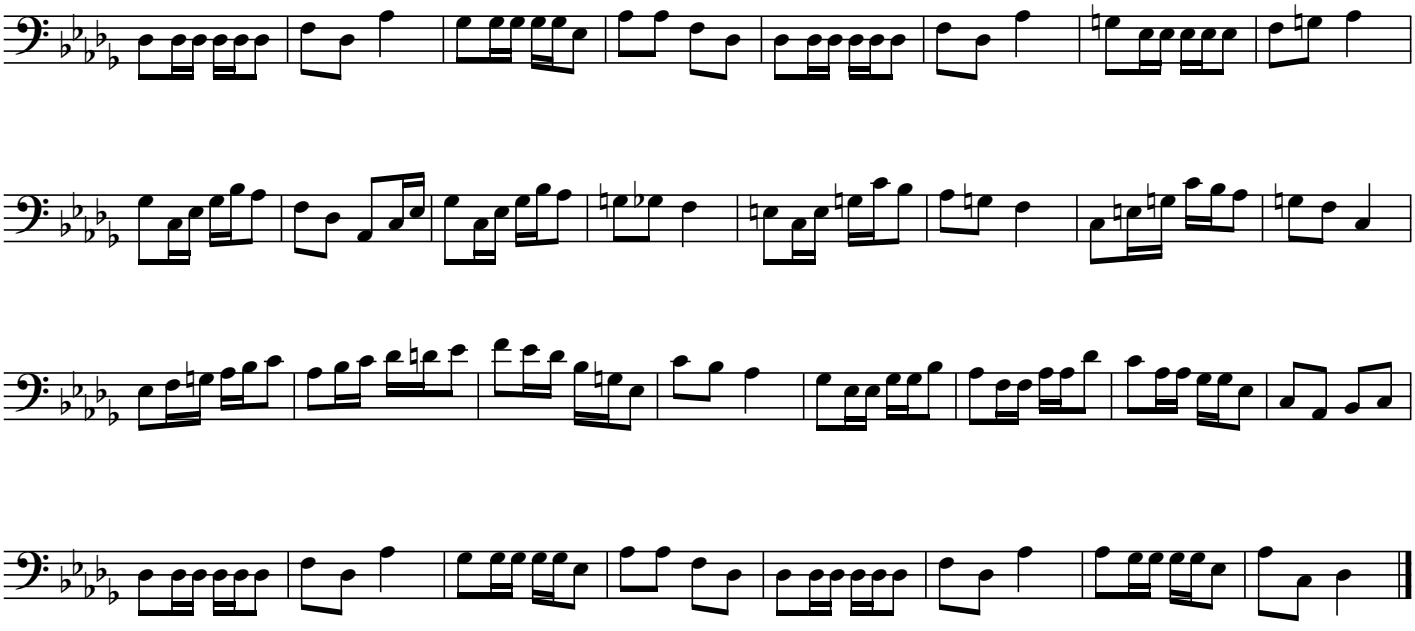
Continue down chromatically

Arban #19:



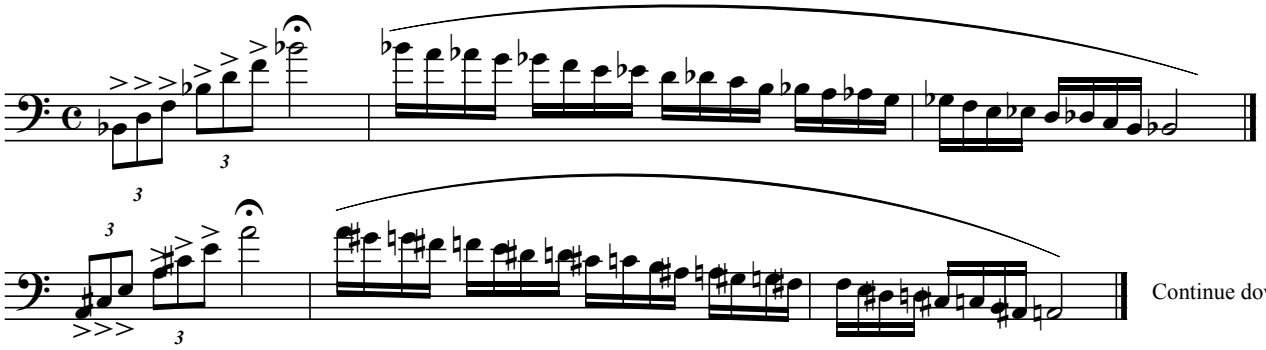
sim.

Arban # 24:



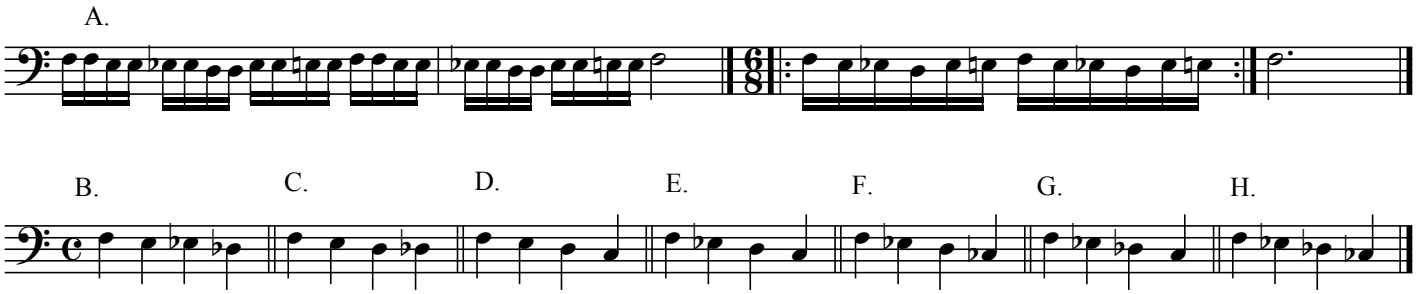
For more - See Arban's #13-38

Alessi: Chromatic Scales - Work for complete evenness of tone and ease of slide technique

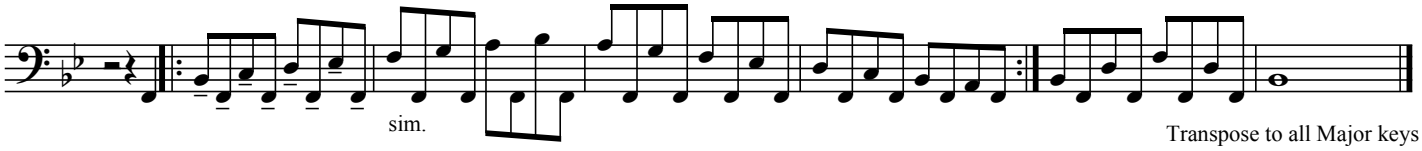


Continue down Chromatically

Ellefson: IV-I Disease - Concentrate on Slide Accuracy

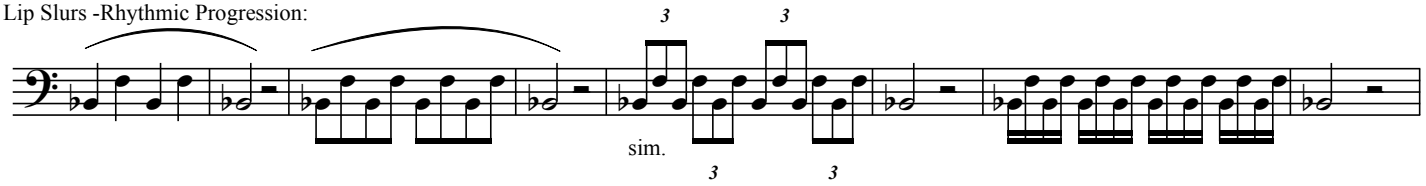


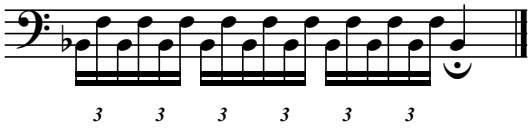
Arban's: Intervals - Evenness of tone. Avoid "ghosting" or "splatting" the lower tone



Transpose to all Major keys

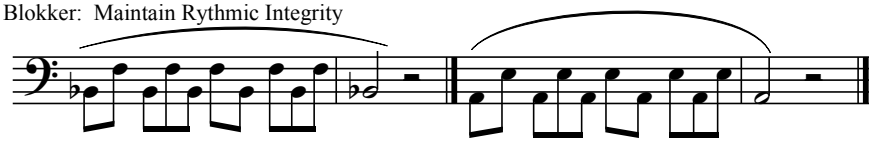
Lip Slurs -Rhythmic Progression:



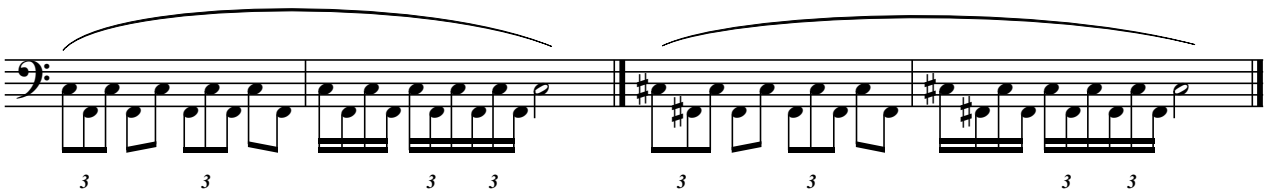


Continue down and up chromatically.
Concentrate on evenness of tone.
Focus on the moment immediately before the pitch changes, maintaining consistent volume

Blokker: Maintain Rythmic Integrity

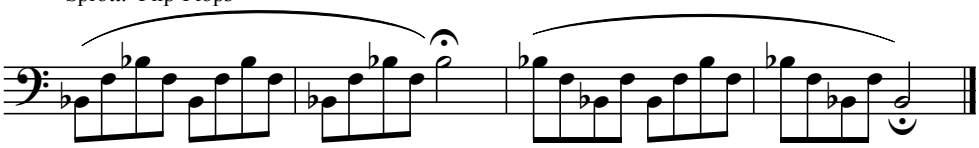


Continue up and down chromatically
Also work different partials and intervals



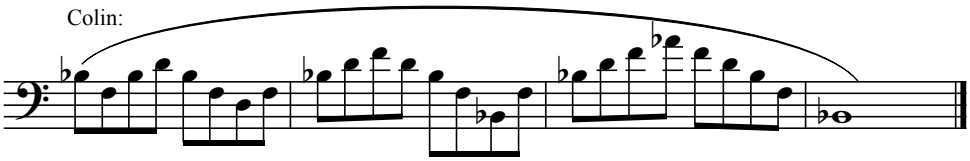
Continue up and down chromatically
Also work different partials and intervals

Sprott: Flip-Flops



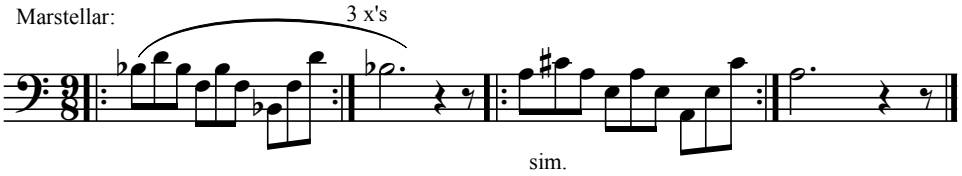
Continue up and down chromatically
Also work different intervals

Colin:

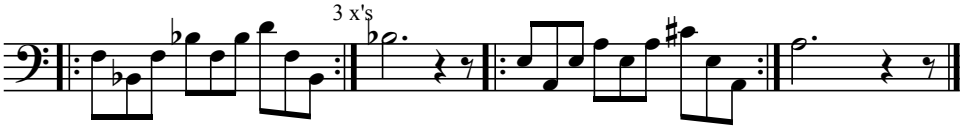


No Tongue -
Continue down chromatically

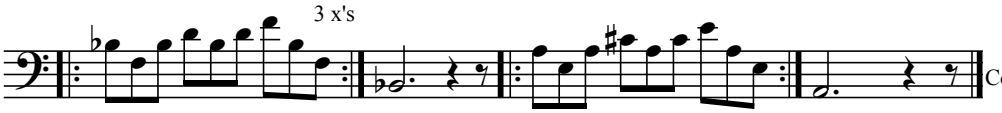
Marstellar:



Continue down chromatically

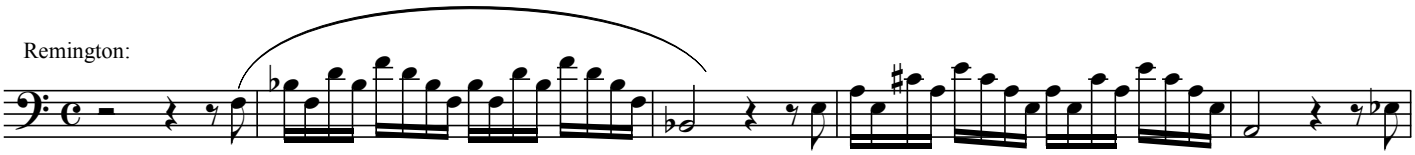


Continue down chromatically



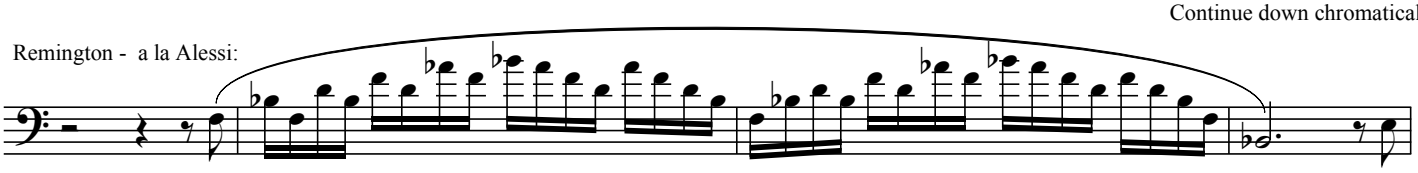
Continue down chromatically

Remington:



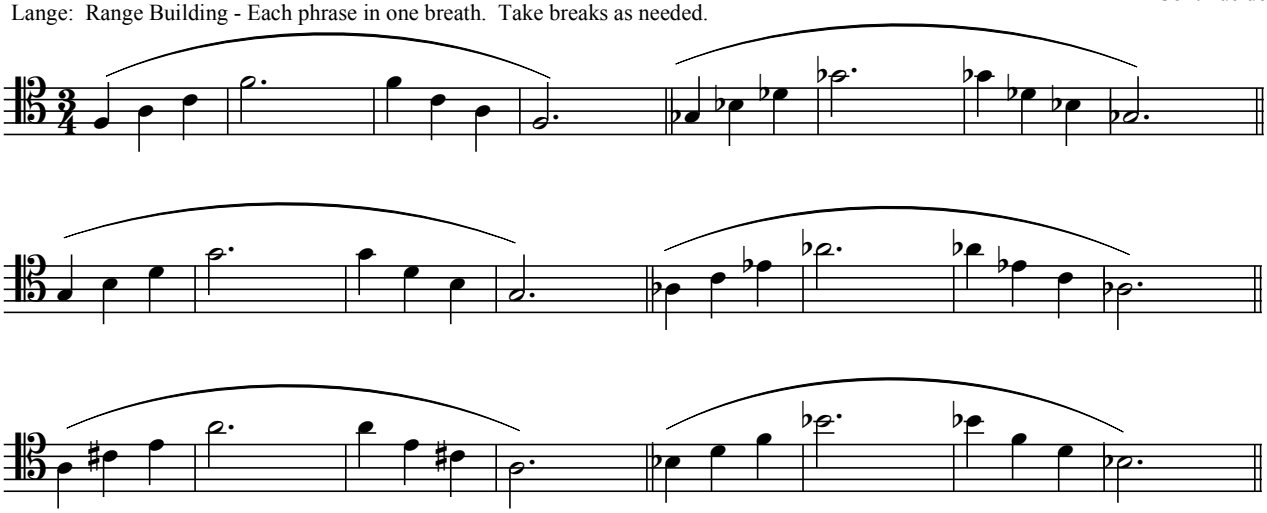
Continue down chromatically

Remington - a la Alessi:



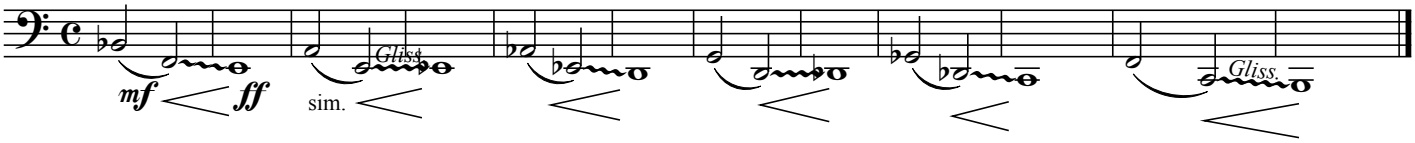
Continue down chromatically

Lange: Range Building - Each phrase in one breath. Take breaks as needed.

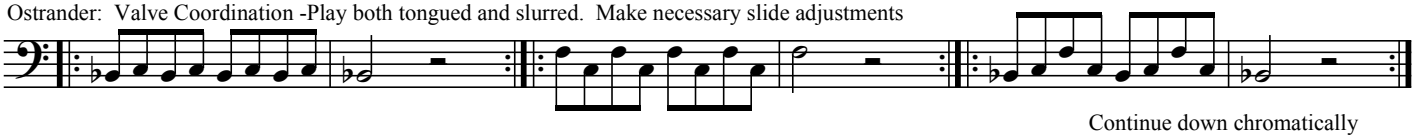


Continue up chromactically
Go at least one series past your comfort level

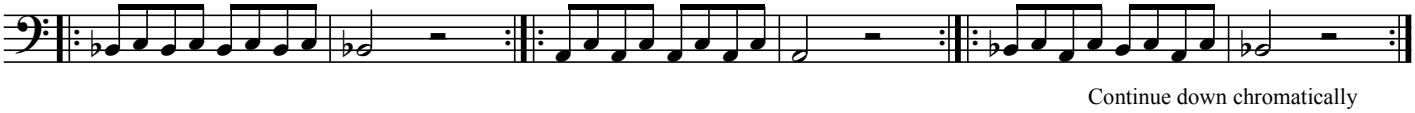
F-Attachment: Slow and steady glissto whole note



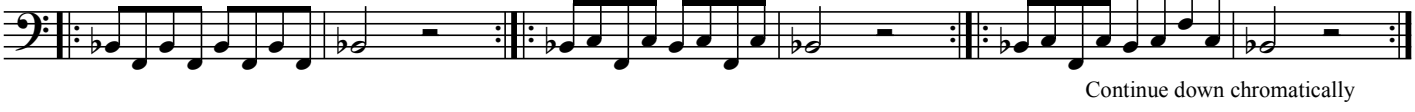
Ostrander: Valve Coordination -Play both tongued and slurred. Make necessary slide adjustments



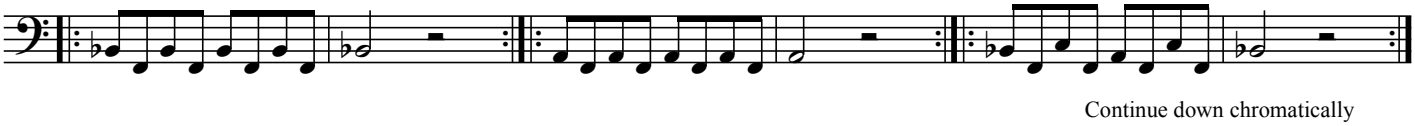
Continue down chromatically

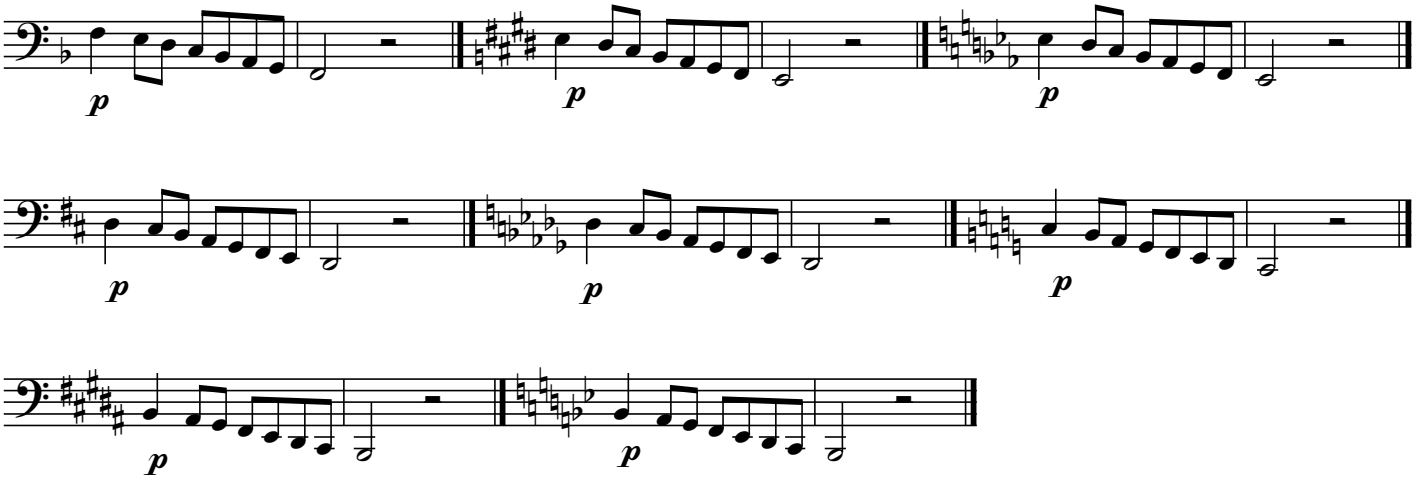


Continue down chromatically



Continue down chromatically



Continue down chromatically

Cool Down: Slow and without tongue