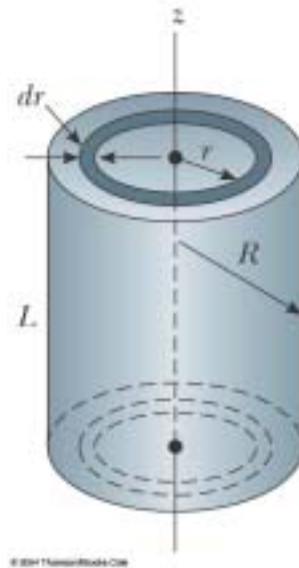


Moment of Inertia

Uniform solid cylinder rotating about its long axis which is centered on the z-axis



$$V_{cyl} = \pi r^2 h = \pi r^2 L$$

$$\rightarrow dV = 2\pi r L dr$$

(for tall dr ring)

$$\begin{aligned} I_z &= \int \rho r^2 dV \\ &= \int_0^R (2\rho\pi L) r^3 dr \\ &= 2\rho\pi L \int_0^R r^3 dr \\ &= 2\rho\pi L \left(\frac{1}{4} R^4 \right) \\ &= \frac{1}{2} \rho\pi L R^4 \end{aligned}$$

* If we want to reduce our answer to an expression that only includes M & R.

Using $\rho = \frac{M}{V}$ for the total cylinder and the value for V for a cylinder

$$\rho = \frac{M}{\pi R^2 L}$$

$$\rightarrow I_z = \frac{1}{2} \left(\frac{M}{\pi R^2 L} \right) \pi L R^4$$

$$I_z = \frac{1}{2} M R^2$$