

Conversion Factors

Mass

$$\begin{aligned}1 \text{ gram} &= 10^{-3} \text{ kg} \\1 \text{ kg} &= 1000 \text{ g} (\text{equivalent weight} = 2.2 \text{ lb}) \\1 \text{ u} &= 1.66 \times 10^{-24} \text{ g} = 1.66 \times 10^{-27} \text{ kg}\end{aligned}$$

Length

$$\begin{aligned}1 \text{ cm} &= 10^{-2} \text{ m} = 0.394 \text{ in} \\1 \text{ m} &= 10^{-3} \text{ km} = 1.09 \text{ yd} = 3.28 \text{ ft} \\&\quad = 39.4 \text{ in} = 6.215 \times 10^{-4} \text{ mi} \\1 \text{ km} &= 1000 \text{ m} = 0.62 \text{ mi} = 3280 \text{ ft} \\&\quad = 1093.33 \text{ yd} \\1 \text{ in} &= 2.54 \text{ cm} = 2.54 \times 10^{-2} \text{ m} \\1 \text{ ft} &= 12 \text{ in} = 30.48 \text{ cm} = 0.3048 \text{ m} \\&\quad = 0.3333 \text{ yd} = 1.894 \times 10^{-4} \text{ mi} \\1 \text{ yd} &= 3 \text{ ft} = 0.914 \text{ m} = 5.682 \times 10^{-4} \text{ mi} \\&\quad = 9.146 \times 10^{-4} \text{ km} \\1 \text{ mi} &= 5280 \text{ ft} = 1609 \text{ m} = 1.609 \text{ km} \\&\quad = 1760 \text{ yd} \\1 \text{ pc} &= 3.26 \text{ ly} = 2.05 \times 10^5 \text{ AU} \\1 \text{ AU} &= 1.499 \times 10^{11} \text{ m} \\1 \text{ ly} &= 9.461 \times 10^{15} \text{ m} \\1 \text{ pc} &= 3.086 \times 10^{16} \text{ m}\end{aligned}$$

Volume

$$\begin{aligned}1 \text{ m}^3 &= 1000 \text{ L} = 264 \text{ gal} \\1 \text{ L} &= 10^{-3} \text{ m}^3 = 1.06 \text{ qt} = 0.264 \text{ gal} \\1 \text{ ft}^3 &= 7.48 \text{ gal} = 0.0283 \text{ m}^3 = 28.3 \text{ L} \\1 \text{ qt} &= 2 \text{ pt} = 0.946 \text{ L} = 946 \text{ mL} \\1 \text{ gal} &= 4 \text{ qt} = 3.785 \text{ L}\end{aligned}$$

Energy

$$\begin{aligned}1 \text{ joule} &= 0.738 \text{ ft-lb} = 0.239 \text{ cal} \\&\quad = 9.48 \times 10^{-4} \text{ Btu} = 6.24 \times 10^{18} \text{ eV} \\1 \text{ kcal} &= 4186 \text{ J} = 3.97 \text{ Btu} \\&\quad = 0.00116 \text{ kWh} \\1 \text{ Btu} &= 1055 \text{ J} = 778 \text{ ft-lb} = 0.252 \text{ kcal} \\1 \text{ cal} &= 4.186 \text{ J} = 3.97 \times 10^{-3} \text{ Btu} \\&\quad = 3.09 \text{ ft-lb} \\1 \text{ ft-lb} &= 1.36 \text{ J} = 1.29 \times 10^{-3} \text{ Btu} \\1 \text{ eV} &= 1.60 \times 10^{-19} \text{ J} \\1 \text{ kWh} &= 3.60 \times 10^6 \text{ J} = 3413 \text{ Btu} \\&\quad = 860 \text{ kcal}\end{aligned}$$

Speed

$$\begin{aligned}1 \text{ m/s} &= 3.6 \text{ km/h} = 3.28 \text{ ft/s} \\&\quad = 2.24 \text{ mi/h} \\1 \text{ km/h} &= 0.278 \text{ m/s} = 0.621 \text{ mi/h} \\&\quad = 0.911 \text{ ft/s} \\1 \text{ ft/s} &= 0.682 \text{ mi/h} = 0.305 \text{ m/s} \\&\quad = 1.10 \text{ km/h} \\1 \text{ mi/h} &= 1.467 \text{ ft/s} = 1.609 \text{ km/h} \\&\quad = 0.447 \text{ m/s}\end{aligned}$$

Force

$$\begin{aligned}1 \text{ Newton} &= 0.225 \text{ lb} \\1 \text{ lb} &= 4.45 \text{ N} \\[\text{Equivalent weight of } 1 \text{ kg mass} &= 2.20 \text{ lb} \\&\quad \text{or } 9.80 \text{ N}]\end{aligned}$$

Pressure

$$\begin{aligned}1 \text{ atm} &= 14.7 \text{ lb/in}^2 = 1.031 \times 10^5 \text{ N/m}^2 \\&\quad = 30 \text{ in Hg} = 76 \text{ cm Hg} \\1 \text{ bar} &= 100,000 \text{ Pa} \\1 \text{ millibar} &= 100 \text{ Pa} \\1 \text{ Pa} &= 1 \text{ N/m}^2 = 10^{-2} \text{ millibar}\end{aligned}$$

Power

$$\begin{aligned}1 \text{ watt} &= 0.738 \text{ ft-lb/s} = 1.34 \times 10^{-3} \text{ hp} \\&\quad = 3.41 \text{ Btu/h} \\1 \text{ ft-lb/s} &= 1.36 \text{ W} = 1.82 \times 10^{-3} \text{ hp} \\1 \text{ hp} &= 550 \text{ ft-lb} = 745.7 \text{ watts} \\&\quad = 2545 \text{ Btu/h}\end{aligned}$$

Time

$$\begin{aligned}1 \text{ h} &= 60 \text{ min} = 3600 \text{ s} \\1 \text{ day} &= 24 \text{ hr} = 1440 \text{ min} = 8.64 \times 10^4 \text{ s} \\1 \text{ year} &= 365 \text{ days} = 8.76 \times 10^3 \text{ hr} \\&\quad = 5.26 \times 10^5 \text{ min} = 3.16 \times 10^7 \text{ s}\end{aligned}$$